

CORK CITY GUIDE

Make the most of your
time in Cork!



ISAPP Event 2024



Welcome to Cork City

Introduction

Welcome to Cork, often referred to as "The Rebel City." Corkonians take pride in their city's rich history and cultural heritage. Expect a warm welcome as you explore the bustling streets of Cork City Centre. Make the most of your spare time in Cork.

Where you are now? The Historic UCC

University College Cork (UCC), founded in 1845 as one of Ireland's three Queen's Colleges, is a prestigious institution known for its stunning neo-Gothic architecture, particularly the iconic Quad. The university's historic Boole Library, named after mathematician and former professor George Boole, and the contemporary Glucksman Gallery highlight UCC's blend of tradition and modernity.

Check out the Must-See Attractions:



Historical Sites



Museums & Galleries



Exploring Cork's Neighborhoods



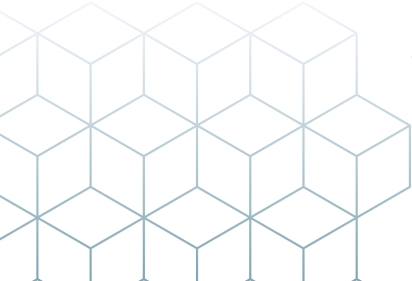
Dining



Cafes



Pubs & Live Music



ISAPP thanks local Cork industry member Atlantia Clinical Trials for preparing this guide for ISAPP meeting delegates.

Historical Sites

ELIZABETH FORT

- Location: Barrack Street
- Price: Free
- Details: A well-preserved 17th-century star fort with commanding views over Cork. Walk the walls, see the cannons, and enjoy panoramic views from the bastions. Visit Keyser's Hill beneath the fort, believed to be the first street in Cork, named by Viking raiders in the 9th century.



FITZGERALD'S PARK & SHAKY BRIDGE

- Location: Mardyke Walk
- Price: Free
- Details: A beautiful park perfect for a leisurely stroll, Fitzgerald's Park is also home to the famous "Shaky Bridge," an iconic pedestrian suspension bridge. Just a 5-minute walk from University College Cork (UCC), it's an ideal spot for students and visitors alike.



CORK CITY GAOL

- Location: Convent Avenue, Sunday's Well
- Price: €10 for adults, €7.50 for students/seniors, €6 for children, audio tour €2 extra
- Details: This former prison offers a haunting glimpse into the harsh lives of prisoners a century ago. An audio tour guides you through restored cells featuring models of prisoners and guards. From UCC, walk north along Mardyke Walk, cross the river, and follow signs uphill to the Gaol.



BLARNEY CASTLE

- Location: Blarney
- Price: €18 for adults, €16 for seniors/students, €8 for children
- Details: Famous for the Blarney Stone, which is said to grant the gift of gab, this 15th-century castle is one of Ireland's top tourist attractions. Blarney is 8km northwest of Cork, with buses running hourly from Cork bus station (€5.60 return, 20 minutes).

BLACKROCK CASTLE

- Location: Castle Road, Blackrock
- Price: €7 for adults, €5 for children/students/seniors
- Details: A 16th-century castle now housing a science center, an inflatable planetarium, and a café. Blackrock Castle is home to the Castle Café, a delightful restaurant offering a menu of contemporary Irish cuisine. The combination of dining within the historic castle walls and the scenic river views creates a unique and memorable experience. Enjoy lunch or dinner after exploring the castle and its exhibits. Located 5.5km east of the city center, you can reach it by taking bus 202 from Parnell Place to Blackrock Pier, followed by a short walk.



RED ABBEY TOWER

- Location: Red Abbey Square
- Price: Free
- Details: Cork's only surviving medieval building, Red Abbey Tower is all that remains of a 14th-century Augustinian priory. It overlooks a small public square.



ST FINBARR'S CATHEDRAL

- Location: Bishop Street
- Price: €6 for adults, €4 for students/seniors
- Details: A French Neo-Gothic masterpiece built in the 19th century, this cathedral has been a site of Christian worship since the 7th century. Notable for its beautiful stained glass, ornate organ, and preserved 12th-century stone heads.



ST ANNE'S CHURCH & SHANDON BELLS

- Location: Church Street, Shandon
- Price: €5 for adults, €4 for students/seniors, €2 for children
- Details: Built in 1722, this church's red sandstone and white limestone tower inspired Cork's sporting colors. Known for its "four-faced liar" clock, visitors can ring the bells. The clock tower has 132 steps, and the church is open Mon-Sat 10.00-16.30 and Sun 11.30-16.30 (last entry 16.00).

SHANDON SWEETS

- Location: 37A Dominick Street
- Price: Free entry, sweets available for purchase
- Details: A family-run traditional sweet shop that has been making and selling sweets in Cork for over 100 years. Watch the sweet-making process and enjoy some of Cork's most beloved confections.

NANO NAGLE PLACE

- Location: Douglas Street
- Price: €7 for adults, €5 for seniors/students, free for children under 5
- Details: A heritage and visitor center that tells the inspiring story of Nano Nagle, founder of the Presentation Sisters. The site includes a museum, gardens, and a beautiful chapel. The Good Day Deli, located within Nano Nagle Place, offers delicious, sustainably sourced food in a tranquil garden setting.

Museums & Galleries

CRAWFORD ART GALLERY

- Location: Emmet Place
- Price: Free
- Details: Housed in Cork's old Customs House, this gallery features a permanent collection of Graeco-Roman casts and Irish art, including paintings, sculptures, and installations. The gallery also features portraits of beloved Irish writers. Enjoy a tour and a bite to eat in the airy café.

BUTTER MUSEUM

- Location: O'Connell Square, Shandon
- Price: €5 for adults, €4 for seniors, €3 for students/children
- Details: Learn about Cork's rich butter trade history. In the 1860s, Cork was the world's largest butter market, exporting butter throughout the British Empire. The museum's displays and dioramas provide a fascinating insight into this trade.



Exploring Cork's Neighborhoods

KINSALE

- Location: Harbour town, 25km south of Cork
- Price: Bus fare approx. €7 return
- Details: A charming harbour town accessible by bus from Cork City (20 minutes). Explore the picturesque streets and enjoy the coastal views.



MIDLETON DISTILLERY

- Location: Distillery Walk, Midleton
- Price: €23 for adults
- Details: Home to the Jameson Experience Whiskey Tour, where you can sample and learn about Jameson Whiskey. The tour includes a museum dedicated to Jameson and an opportunity to taste different whiskeys. The distillery has recently undergone significant renovations, including modernized tour facilities, updated tasting rooms, and expanded production capabilities. Irish Distillers has invested heavily to enhance the visitor experience and improve sustainability.



BALLYMALOE HOUSE

- Location: Shanagarry, East Cork
- Price: €50–€100 per meal
- Details: The restaurant at Ballymaloe House is celebrated for its farm-to-table dining experience, emphasizing seasonal and locally-sourced ingredients. The menu changes daily, reflecting the freshest produce available from their own farm and gardens.

CHARLES FORT

- Location: Summercove, Kinsale
- Price: €5 for adults, €3 for seniors, €2 for students/children
- Details: A well-preserved 17th-century star-shaped artillery fort near Kinsale, offering spectacular views and fascinating ruins. Located 3km southeast of Kinsale, it is accessible via the scenic Scilly Walk.



Dining

ENGLISH MARKET

- Location: Grand Parade
- Price: Free entry
- Details: Open Monday to Saturday, the English Market is a must-visit for food lovers. Top picks include Roughty Foodie, Real Olive Company, and O'Flynn's Sausages. Enjoy a meal at the Farmgate Café.

MARKET LANE

- Location: 5 Oliver Plunkett Street
- Price: Mains €15–€25
- Details: This vibrant bistro offers a menu that changes with the seasons, featuring fresh ingredients from the English Market. It's always busy, so be prepared to wait for a table. Enjoy a drink at the bar while you wait.



Cafes

ALCHEMY COFFEE ROASTERS

- Location: 123 Barrack Street
- Price: €3–€10
- Details: Located near Elizabeth Fort, Alchemy Coffee Roasters is a top choice for coffee enthusiasts. Enjoy a perfectly brewed cup of coffee in a cozy setting, perfect for a break after exploring the fort.

CORK COFFEE ROASTERS

- Location: 2 Bridge Street
- Price: €3–€10
- Details: A popular spot in Cork City, known for its high-quality coffee and relaxed atmosphere. Perfect for starting your day or taking a break during your city tour.



BOBO CAFÉ AT THE GLUCKSMAN

- Location: University College Cork (UCC) campus
- Price: €5–€15
- Details: Located within the Glucksman Gallery on UCC campus, Bobo Café offers a serene spot for coffee and light bites, perfect after exploring the art gallery or taking a walk around the beautiful campus.

Pubs & Live Music

SIN E

- Location: 8 Coburg Street
- Price: €5–€10 for drinks
- Details: A traditional pub known for its live music and lively atmosphere. Sin E hosts live music sessions every weekend, making it a popular spot for both locals and visitors looking to enjoy authentic Irish music.

FRANCISCAN WELL BREWERY

- Location: 14B North Mall
- Price: €5–€10 for drinks
- Details: Located on the site of a medieval Franciscan monastery, this brewery offers a range of specialist lagers, ales, stouts, and wheat beers, as well as selections from microbreweries worldwide. You can also enjoy delicious wood-fired pizzas at the Franciscan Well Brewery, making it a perfect spot for a meal and a pint.

THE OVAL

- Location: 4 Tuckey Street
- Price: €5–€10 for drinks
- Details: This historic pub is a great place to try a pint of Beamish, Cork's famous stout. Beamish has a rich, smooth flavor similar to Guinness but with its own unique character. The Oval's charming interior and friendly atmosphere make it a must-visit.

